

Pikey Peak Trek

8 Days Moderate Trek



The Pikey Peak Trek is a short yet spectacular journey in Nepal's lower Everest region, offering panoramic views of some of the tallest mountains on Earth, including Everest, Makalu, Kanchenjunga, and Annapurna. At 4,065 meters, Pikey Peak is one of the best vantage points in Solukhumbu, known for its sunrise and sunset views that inspired Sir Edmund Hillary himself.

This off-the-beaten-path trek winds through lush forests of rhododendron and pine, rolling green hills, and traditional Sherpa and Rai villages. Along the way, trekkers experience authentic Himalayan culture, serene monasteries, and warm hospitality far from the busier Everest Base Camp route. With shorter trekking days and moderate altitude, the Pikey Peak Trek is suitable for trekkers of all levels and for families looking for a trekking experience with rewarding views in Nepal.

About the Everest Region

The Khumbu region lies in northeastern Nepal within the Sagarmatha National Park, a UNESCO World Heritage Site known for its stunning landscapes, unique wildlife, and resilient mountain communities. With three of the world's tallest mountains, Mt Everest, Mt Lhotse, and Cho Oyu, located in the region, the Everest Region is the heart and pulse of the Himalayan belt, where tens of thousands arrive each year to fulfill their dream of either simply admiring or conquering the world's highest peaks. The Khumbu area is also home to the Sherpa people, whose culture, spiritual heritage, and mountaineering legacy are deeply entwined with the Himalayas.

While the EBC Trek is the crown jewel of the Everest Region, other routes such as the Gokyo Lakes Trek and the Three Passes Trek offer equally rewarding adventures for those seeking quieter trails or more technical challenges. The Khumbu region is also home to several trekking peaks such as Island Peak (Imja Tse) and Lobuche East, for those looking to go beyond trekking without committing to a full-scale expedition.

TRIP OVERVIEW

- **Duration:** 8 Days
- **Difficulty:** Easy to Moderate
- **Max Elevation:** Pikey Peak (4,065m)
- **Best Season:** Spring (March – May) and Autumn (September – November)

TRIP HIGHLIGHTS

- Witness panoramic sunrise and sunset views of Mt. Everest and surrounding Himalayan peaks.
- Trek through rhododendron forests, terraced fields, and traditional Sherpa villages.
- Visit ancient monasteries and enjoy authentic Sherpa and Rai culture.
- Experience one of the quieter, more offbeat trekking trails in the Everest region.
- Retrace paths admired by Sir Edmund Hillary himself

OUTLINE ITINERARY

Day 1–2: Arrive in Kathmandu; drive to Dhap.

Day 3–5: Trek through Jhapre and ascend to Pikey Base Camp.

Day 6: Summit Pikey Peak (4,065m) for sunrise, descend to Lamjura.

Day 7: Trek to Phaplu and explore.

Day 8: Drive or fly back to Kathmandu.

WHAT TO EXPECT

Physical Challenge: Gentle trekking with gradual altitude gain, suitable for beginners.

Accommodation: Comfortable teahouses and homestays.

Food: Local Sherpa, Rai, and Nepali dishes with limited international options.

Weather: Mild at lower altitudes, colder at night above 3,000m. Clear skies in peak seasons.

Detailed Itinerary

DAY 1: ARRIVAL IN KATHMANDU

Activities: Arrive in Kathmandu, transfer to hotel, rest and trip briefing.

Accommodation: Overnight in Hotel

DAY 2: DRIVE TO Dhap – 7/8 hours drive

Activities: Embark on a scenic drive through rural Nepal, terraced fields, and hillsides to Dhap.

Accommodation: Teahouse in Dhap.

DAY 3: DHAP TO JAPRE 5/6 hours trek

Activities: First day on the trail, trekking through villages and forests to reach the quiet settlement of Jhapre as views of Everest and Numbur Himal emerge in the background.

Accommodation: Teahouse in Jhapre.

DAY 4: JAPRE TO PIKEY BASE CAMP– 6/7 hours trek

Activities: Trek through alpine meadows and rhododendron forests, steadily climbing to Pikey Base Camp.

Accommodation: Teahouse in Pikey Base Camp.

DAY 5: SUMMIT PIKEY PEAK, DESCEND TO LAMJURA – 6/7 hours trek

Activities: Early morning climb to Pikey Peak for sunrise over Everest, Kanchenjunga, and Annapurna ranges. Descend through yak pastures to Lamjura.

Accommodation: Teahouse in Lamjura.

DAY 6: LAMJURA TO PHAPLU – 5/6 hours trek

Activities: Trek down to Phaplu, a bustling town with a small airstrip, monasteries, and Sherpa culture.

Accommodation: Teahouse in Phaplu.

DAY 7: DRIVE OR FLY TO KATHMANDU

Activities: Scenic drive or short mountain flight back to Kathmandu. Free time to explore.

Accommodation: Overnight in Hotel

DAY 8: DEPARTURE FROM KATHMANDU

Transfer to Tribhuvan International Airport for final departure.

